Healthy employees are healthy for business. We offer a better way that helps you optimize both.

When care is fragmented, employee health suffers. But by combining a data-driven approach with decades of health care experience, we empower proactive population health management. And we custom-fit a suite of industry-leading services to address your toughest challenges. The result? **More affordable, predictable and simpler care for all.**

### Advanced solutions, made simple

**Evernorth Health & Wellness Centers**
Provides a full range of health and wellness services, ranging from acute care to advanced primary care and specialized services (such as musculoskeletal, physical therapy and behavioral), all onsite, nearsite or virtually. Our connected care approach enables clinicians to deliver holistic support specific to each person's needs for better health outcomes and reduced total medical costs.

**Evernorth Custom Coaching**
Connects employees with a highly skilled wellness coach for face-to-face, video or telephone sessions. Coaches take a holistic approach to help employees set and accomplish goals, manage chronic conditions and encourage healthy behaviors. Available as part of an Evernorth Health & Wellness Center or as a standalone offering.

**Evernorth Wellness & Prevention Solutions**
Offers a convenient way to conduct health risk assessments with biometric screenings, which provide key insights into personal health numbers and population health metrics. These can take place at a variety of convenient locations, including screenings at the participant's home. Screenings include blood pressure, body mass index (BMI), glucose, cholesterol levels and more.

### How we unlock value

- **Connected**
  - Our integrated platform uses total population health data to enable personalized solutions for cost savings and optimized care.
  - + Legacy Health Plan
  - + Best-in-class electronic medical records
  - + Intelligence-driven approach

- **Compatible**
  - With the industry's broadest set of customized health services, we adapt and scale our support to fit each employer's needs.
  - + Care coordination
  - + Agile, modular approach
  - + Service and resource extensions
  - + Talent recruiting and retention

- **Convenient**
  - By making it easier to access more personalized care, we generate greater health engagement and satisfaction.
  - + Onsite, nearsite and virtual care
  - + 24/7/365 support
  - + 95.5 tNPS for Centers/Suites; 90 tNPS for Custom Coaching
Benefits we deliver

**HEALTH & WELLNESS CENTERS:**

- **$1,070** lower overall PMPY health care costs\(^2\)
- **125%** more referrals to high-value providers\(^2\)
- **36%** fewer hospital stays\(^1\)
- **95.5** transactional Net Promoter Score\(^2\)

**CUSTOM COACHING:**

- **$495** lower overall PMPY health care costs\(^1\)
- **11%** higher preventive care compliance\(^1\)
- **30%** higher engagement in wellness and lifestyle programs\(^1\)
- **90+** transactional Net Promoter Score\(^2\)

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2. Based on internal analysis of Evernorth Direct Health, LLC book of business for Centers operational for full year 2020. Actual customer/client results will vary and are not guaranteed.

Services are provided by Evernorth Direct Health, LLC and its affiliates. Professional services are provided by Home Physicians 2011, P.C. (IL), Alegis Care - New Jersey, P.C., Alegis Care - Michigan, P.C., Alegis Care - Georgia, P.C., Alegis Care - Pennsylvania, P.C., Alegis Care - Kansas P.A., Sokolow Medical, P.C. (NY) and Cigna HealthCare of North Carolina, Inc., with administrative services provided by Evernorth Direct Health, LLC.

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